



Medical Benefit Highlights

Personal Choice 20/30/70 AFSCME DC 47

Covered Services	Your Costs (You pay)	
Benefits per Calendar Year	In-Network	Out-of-Network
Deductible (Embedded) ¹ Individual/Family	\$0/\$0	\$700/\$1,400
Out-of-Pocket Maximum (Embedded) ² Individual/Family	\$5,000/\$10,000	\$4,000/\$8,000
Coinsurance	0%	30%
Preventive Services	In-Network	Out-of-Network
Preventive Care	No charge	30% no deductible
Preventive Colonoscopy		
Preventive Plus Providers	No charge	Not covered
Hospital Based	No charge	30% no deductible
Physician Services	In-Network	Out-of-Network
Primary Care Physician (PCP) Office Visit	\$20	30% after deductible
Specialist Office Visit	\$30	30% after deductible
Retail Health Clinic Visit	\$20	30% after deductible
Telemedicine	No charge	Not covered
Urgent Care Visit	\$40	30% after deductible
Therapy Services	In-Network	Out-of-Network
Physical Therapy (60 visits/year) ³		
Freestanding	Visits 1-30: \$20 Visits 31+: \$30	30% after deductible
Hospital Based	Visits 1-30: \$20 Visits 31+: \$30	30% after deductible
Occupational Therapy (60 visits/year) ³		
Freestanding	Visits 1-30: \$20 Visits 31+: \$30	30% after deductible
Hospital Based	Visits 1-30: \$20 Visits 31+: \$30	30% after deductible
Speech Therapy (60 visits/year) ³	Visits 1-30: \$20 Visits 31+: \$30	30% after deductible
Emergency Services	In-Network	Out-of-Network
Emergency Room (copay not waived if admitted)	\$150	Covered at In-Network level
Emergency Ambulance	No charge	Covered at In-Network level
Non-Emergency Ambulance	No charge	30% after deductible
Hospital Services	In-Network	Out-of-Network
Inpatient Hospital Services (In-Network: 365 days/year; Out-of-Network: 70)	\$100/Day; max of 5 copays per admission	30% after deductible

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days/year) ⁴		
Observation Services	No charge	30% after deductible
Maternity Hospital Services ⁴	\$100/Day; max of 5 copays per admission	30% after deductible
Inpatient Professional Services (includes Maternity)	No charge	30% after deductible
Outpatient Surgery	In-Network	Out-of-Network
Freestanding	\$150	30% after deductible
Hospital Based	\$150	30% after deductible
Outpatient Professional Services	No charge	30% after deductible
Outpatient Diagnostics	In-Network	Out-of-Network
Diagnostic Medical (EKG)	\$30	30% after deductible
Routine Radiology (X-Ray)		
Freestanding	\$30	30% after deductible
Hospital Based	\$30	30% after deductible
Advanced Imaging (MRI/MRA,CT/CTA Scan, PET Scan)		
Freestanding	\$30	30% after deductible
Hospital Based	\$30	30% after deductible
Outpatient Lab and Pathology	In-Network	Out-of-Network
Freestanding	No charge	30% after deductible
Hospital Based	No charge	30% after deductible
Other Medical Services	In-Network	Out-of-Network
Spinal Manipulations (30 visits/year) ⁵	\$25	30% after deductible
Acupuncture (18 visits/year) ⁵	\$30	30% after deductible
Standard Injectables	No charge	30% after deductible
Allergy Injections	No charge	30% after deductible
Biotech/Specialty Injectables		
Home/Office	No charge	30% after deductible
Outpatient	No charge	30% after deductible
Chemotherapy	No charge	30% after deductible
Dialysis	No charge	30% after deductible
Skilled Nursing Facility (120 days/year) ⁵	No charge	30% after deductible
Home Health	No charge	30% after deductible
Hospice	No charge	30% after deductible
Durable Medical Equipment (DME)	\$30	30% after deductible
Mental Health – Outpatient (includes serious mental illness and substance abuse)	\$30	30% after deductible
Mental Health – Inpatient (includes serious mental illness and substance abuse) ⁴	\$100/Day; max of 5 copays per admission	30% after deductible
Infertility Treatment – (covers artificial insemination and assisted reproductive technology; no lifetime limit)	No charge	30% after deductible

¹ Embedded deductible: Each covered family member only needs to satisfy his or her individual deductible, not the entire family deductible, prior to receiving plan benefits.

² Embedded out-of-pocket maximum: Each covered family member only needs to satisfy his or her individual out-of-pocket maximum, not the entire

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family out-of-pocket maximum.

³ Physical Therapy, Occupational Therapy, Speech Therapy, and Cognitive Therapy combined visit limit in and out-of-network.

⁴ Inpatient hospital out-of-network day limit combined for all inpatient medical, maternity, mental health, serious mental illness, and substance abuse services.

⁵ Combined in and out-of-network.

The Personal Choice® Preferred Provider Organization (PPO) gives you freedom of choice by allowing you to select your own doctors and hospitals. You maximize your coverage by accessing care through Personal Choice's network of hospitals, doctors, and specialists, or by accessing care through preferred providers who participate in the BlueCard® PPO program. If you access care from a provider who does not participate in our network, you will have higher out-of-pocket costs and may have to submit your claim for reimbursement.

This summary represents only a partial listing of benefits and exclusions of the Medical Program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.ibx.com/LGBooklet or call 1-800-ASK-BLUE (TTY: 711).

Benefits may be changed by Independence Blue Cross to comply with applicable federal/state laws and regulations.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.

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